



Artist: **Mono**
 Title: **"One Step More and You Die"**
 Catalog # **TRR73**
 Format: **LP (Limited Edition of 2,000)**
 Release Date: **October 19, 2004**
 Label: **Temporary Residence Ltd.**

UPC: 
 6 56605 30731 2

The players:
 Takaakira "Taka" Goto
 Yasunori Takada
 Tamaki
 Yoda

In conjunction with the release of their highly anticipated new album, *Walking Cloud and Deep Red Sky, Flag Fluttered and the Sun Shined*, we are proud to present Tokyo's instrumental psych-metal torchbearers **Mono's** breakthrough 2002 album *One Step More and You Die* on vinyl for the first time ever. Temporary Residence Limited has exclusive worldwide rights to this album, and it is released in a limited edition of 2,000 copies. Buy it fast or buy it on Ebay (or buy it fast and sell it on Ebay later, you dicks).

TOP 10 ESSENTIAL INSTRUMENTAL METAL ALBUMS

"Working up a maelstrom that's equal parts **Godspeed You! Black Emperor, Mogwai** and **Neurosis**, the four Japanese mood-swingers of mono (they prefer the lowercase) maintain an unhealthy relationship with their audience; according to guitarist Takaakira Goat: "We try to kill them by sounds." On *One Step More*, mono not only slay, but also punish, mutilate and bury the listener in their escalating guitar dirges."
 – *Alternative Press*

"A sad, beautiful expression of people surrounded and consumed by a disturbing, destructive, inarticulate force, Mono's music seems all the more vital in today's climate." – *i-D*

Track Listing:
 1. Where Am I
 2. Com(?)
 3. Sabbath
 4. Mopish Morning, Halation Wiper
 5. A Speeding Car
 6. Loco Tracks
 7. Halo
 8. Giant Me On the Other Side

Also Available: TRR74 Mono "New York Soundtracks" LP – UPC: **656605307411**
 TRR68 Mono "Walking Cloud and Deep Red Sky..." CD/2xLP – UPC: **656605306827**



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