



Artist: **Nightfist**
 Title: **"The EPic"**
 Format: **CDEP**
 Matrix # **TRR65**
 Release Date: **November 4, 2003**
 UPC: **656605306520**

The players:
 Stephen Barry
 Jason Cirimele
 Robert Martin III
 Charles Mezak
 Japhy Riddle

Before being introduced to (and subsequently obsessed with) **Nightfist**, there are a few things that you should know:

- I: They are not ironic
- II: They are rabid fans of **Yes, Queen, Dream Theater, Grateful Dead** and **Metallica**
- III: They know nothing – and we mean nothing – about "indie rock," "ironic metal," "post-rock" or any of the other bullshit sub-sub-genres that have watered down underground music
- IV: Their biggest show to date was at the YMCA, narrowly beating the gig at the local muffler shop
- V: They are barely out of high school
- VI: This is for real

Already being hailed in some circles as "the greatest instrumental metal band in America," Nightfist was born in Menlo Park, CA by five young men with mutual obsessions for triumphant melodies, complex rhythms and chugging dual guitar riffage hellbent on traveling at lightspeed back to a time when people lived and died by the sword.

Recorded by a friend for \$600, the production sounds more at home next to any big budget metal record from the mid-80s than **Nirvana's Bleach** (which was infamously recorded for the same price). Standing strong and hard against any and all bands they are influenced by, Nightfist have pushed the whole game back. Fuck this looking to the future shit. Tonight, we go back in time.

Track Listing:
 1. The Prologue
 2. The Hero's Overture
 3. Acidrainfuckhell
 4. Herman Spectre Legacy V
 5. Arabian Gunparty
 6. The Epilogue



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